

# Frequency

Blessed Assurance  
Romans 8:15-16

## 1 The Spirit assures us that we are loved

*“And hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.”*  
Romans 5:5

## 2 The Spirit assures us that we are saved

*“The Spirit Himself testifies with our spirit that we are children of God.”*  
Romans 8:16

## 3 The Spirit assures us that God is coming back for us!

*“Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.”*

*1 Thessalonians 5:23*

Application:

