

Small Group Questions — March 15, 2026

Icebreaker

- When it comes to trips, who in our group do you think is the *heaviest packer*? Who is the *lightest packer*?
- Who here would be most willing to carry someone else's extra bags?
- In the life of the church, what might it look like to help carry each other's burdens?

Read: Galatians 6:1–10

- Paul talks about someone being “caught in sin.” What do you think he means by that?
- Can you think of any stories in Scripture where someone was caught in sin? If it was in a gospel story how did Jesus respond?
- Paul says we should restore someone *gently*. What do you think gentle restoration looks like in real life? Why do you think gentleness matters so much here?
- Have you ever experienced someone correcting or restoring you in a way that was especially gentle or loving? What made it feel that way?
- When a brother or sister falls into sin, what role should the church play in restoring them?
- Does restoration always mean trust is immediately rebuilt? Why might rebuilding trust sometimes take longer?
- What kinds of things are needed for someone to truly experience restoration?
- Have you ever seen someone restored well in a church or community? What helped make that possible?
- In verses 3–4 Paul talks about having an honest view of ourselves. Why do you think that matters in a community like the church?
 - What dangers come from comparing ourselves to others?
 - What dangers come from thinking too highly, or too poorly, of ourselves?
- Can you share a time when comparison (either feeling inferior or superior) affected your faith or relationships?
- Paul talks about both carrying our own load and carrying each other's burdens. What do you think the difference is?
- Can you share a time when someone helped carry a burden for you? What did that mean to you?
- Are you generally comfortable letting others help carry your burdens? Why or why not?
- Paul encourages believers not to grow weary in doing good.
 - Can you think of any Bible stories where someone grew weary of doing good?
- Have you had a season where you started to feel weary in doing good? What helped you keep going?
- What opportunities do you currently have in your life to do good for others?
- What burdens do people in your family or friend group seem to be carrying right now? How might you come alongside them?
- Looking ahead to the next few months, are there burdens you may need help carrying?