



## Go Deeper Study Guide

### Narcissism

1 Samuel 16 - 31

October 30, 2022 | Pastor Bob DuPar

### Getting Started

What did you find most helpful from this week's sermon? Was anything confusing? Is there anything that needs clarification? Discuss as a group.

If you haven't heard the sermon yet, you can access it at: [www.cbeventura.org](http://www.cbeventura.org); [Twitch](#) or [YouTube](#) (cbeventura)

### Going Deeper

Read **1 Samuel 16 - 31**. As you reflect upon King Saul's relationship with David, what do we learn about narcissism? How does this relate to the sermon? Discuss as a group

How did we redefine narcissism? What does it mean to metabolize shame in a healthy way? How can we do this according to the sermon?

What are some signs of narcissism and self-justification? Share stories from your experience!

Why does a narcissist have a heightened need to feel special? How do they try and fulfill this need? How can we help?

What are the 2 most powerful weapons of a narcissist? How can we defuse them?

If you discover that you're a narcissist, or that you haven't been handling shame well, what's the best path out? Explain

How does Hesed/Agape Community & Christ-like group identity

### Application

Action steps this week:

Find a model of someone who metabolizes shame well (biblically!) Seek to imitate this example.  
Continue to lovingly draw others out of shame

### Prayer

How can your group pray for you?